



Fitzpatrick Skin Type Assessment

Name: _____ Heritage: _____ Date: _____

Please circle the appropriate answers below so we can properly assess your skin type.

Genetic Disposition:

Score	0	1	2	3	4
What is the natural color of your eyes?	Light blue or Green	Gray or hazel	Blue	Dark Brown	Brownish Black
What is your natural hair color?	Sandy Red	Blonde	Chestnut or Dark Blonde	Dark Brown	Black
What is the color of your un-tanned skin?	Reddish	Very Pale	Pale	Light Brown	Dark Brown
Do you have freckles?	Many	Several	Few	Incidental	None

				Section Total
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Reaction to Sun Exposure:

Score	0	1	2	3	4
What happens when overexposed to the sun?	Red Blistering Peeling	Blistering Peeling	Burns Sometimes	Peels Rarely Burns	Never Burns
To what degree does your skin turn brown?	Hardly or Not at All	Light Color Tan	Medium Tan	Tans Easily	Turn Dark Brown Quickly
Do you turn brown within several hours after sun exposure?	Never	Seldom	Sometimes	Often	Always
How does your face react to the sun?	Very Sensitive	Sensitive	Normal	Very Resistant	No Problem

				Section Total
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Tanning Habits:

Score	0	1	2	3	4
When was your last exposure to sun, tanning beds or tanning cream?	More than 3 months	2 to 3 months	1 to 2 months	Less than 1 month	Less than 2 weeks
Was the treatment area exposed	Never	Hardly Ever	Sometimes	Often	Always

				Section Total
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Heritage:

For **Each** Parent of African American or East Indian descent *add 10 points* 10 20

If your heritage is Latin American, Asian-Pacific Islanders, Mediterranean, or Native American *add 5 points* 5

	Section Total
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Fitzpatrick Skin Type

- 0 to 8 I Total for Genetic Disposition
- 9 to 16 II Total for Reaction to Sun Exposure
- 17 to 24 III Total for Tanning Habits
- 25 to 30 IV Total for Heritage
- 31 to 34 V **Total**
- 35 and Over VI

Summary:

• Suntanned skin overrides the Skin Type Score.

